Soul Journey 2/18/18

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Bridge Over

Soul Work

Forgiveness

Bridge Back

Reiki Drum Journey

Before the journey, take a few minutes to think about an incident or event you want to heal. You may also just ask your highest self to take you to the time and place where you are ready to heal for your highest purpose.

Remember that as you journey, you are perfectly safe! You will be the *witness* or *observer* and not emotionally involved. You will get to interact with all parties in order to gain a clear understanding for your most perfect healing.

Munay-Ki Rites

These rites come to us from the Earthkeepers of Peru. They have been brought to us by cultural anthropologist, Alberto Villoldo (www.munay-ki.org). Today you will receive 3 of the 9 rites:

Bands of Power

This rite installs five energetic bands into your energy field. The bands represent *earth*, *water*, *fire*, *air*, and pure *light*. The bands act as filters, breaking down any negative energies that come your way.

Earth: Black, fertile ground, your foundation, mother who never leaves you

Water: Red, oceans, rain, blood, flow of nutrients

Fire: Gold, sun, lightning, fire in your cell's mitochondria, father who builds what you dream

Air: Silver, winds that blow away chaff, breath of life, the moon

Spirit White, pure energy, mind of god, unconditional love, vision to see beyond the obvious

Daykeeper Rite

This rite connects you to a lineage of masters from the past who tended sacred altars. This rite is intended to heal and bring balance to the earth and bring us into harmony with Mother Earth. This rite helps you begin to heal your *inner feminine*, and practice peace.

Wisdomkeeper Rite

This rite connects you to master teachers from the past, and is associated with snow-capped mountains. This rite helps you to begin to heal *your inner masculine*, and step outside of time.