

Clearing your Root Chakra and Yard/Garden

3/20/19

Chakra Description:

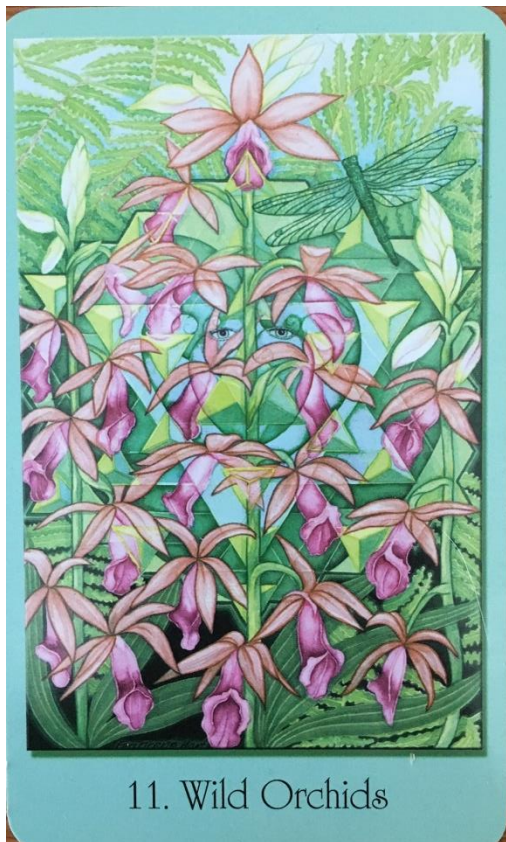
Your root chakra is located at the base of your spine, in your pelvic floor. The root is related to our sense of belonging and connection to the world around us. It is considered to be the most primal and ancient of the chakras. If you'd like to read more, check out my post [Exploring the Chakras Part 1: the Root.](#)

Space Clearing:

I also cleared the energy in your yard and garden to welcome the new spring growth. I balanced each of the elements based on the Chinese 5 Element model. I like Neil Gumenick's [description of the Wood element](#) that connects with the Spring season. If you're curious about the other elements, you can get to them from the [Resources page.](#)

Oracle Card: 11. Wild Orchids

Explore what is hidden from your view...



11. Wild Orchids



Something Hidden

Lush and verdant, these wild orchids honor the exquisite beauty of the plant kingdom. Embedded in this card is the geometry of the star tetrahedron. However, something is hidden. Eyes look out from two green hearts, quietly watching and waiting to see what will be revealed. The dragonfly is here to help you dispel illusion.

This card asks you to look within and contemplate what you may be hiding or what is being hidden from you. This is not about intentional deception. There is no sense of trickery or lies; nevertheless, something you have not considered may be affecting your inquiry. View the beauty of these wild orchids and ask your inner knowing to uncover things hidden so that you may gain a broader perspective of your current situation.

Simply recognizing that you are holding back may prompt your awareness to reveal what has been unseen. Your willingness to bring to light things concealed may open the doors of your perception and strengthen your ability to experience the wholeness of the situation.

From Sacred Geometry for the Visionary Path by Francene Hart

Exercise:

Tonight during this full moon, step into your back yard, breathe into your heart, feel your feet on the ground, soften your gaze, and ask your inner knowing to show you what you need to know in order to be grounded and secure as you move forward.