Rite 8 - Starkeeper

Description:

The Starkeeper rite anchors you safely to the time after the great changes that are occurring now in our part of the solar system. This energy connects you to an advantageous place in your future and allows you to reach back from the future and pull yourself forward in time. It installs a frequency that allows you to process situations that occur in the levels of your mind and body at the level of spirit. Your physical body will begin to evolve into homo luminous, the aging process is slowed down, your DNA is re-informed, and you become more resistant to disease.

To Download Rite:

- Follow instructions on the <u>Fire Ceremony Handout</u> to create sacred space and to perform the fire ceremony.
- For this rite, sweep the fire along all nine chakras (9th is a few inches above the 8th)

Oracle Card (from Mystical Shaman Oracle):

The Holy Mountain card invites you to go on a sacred pilgrimage to acquire vision and perspective. With the help of the Starkeepers, this journey can be into your own future...



THE ESSENCE

Native peoples around the Earth recognize mountains as places of great power where one encounters Spirit or where the gods or goddesses reside. In ancient Greece, Mount Olympus was the home of the 12 main Gods and Goddesses. In Tibet, pilgrims circumambulate Mount Kailash to bring prosperity. In Perú, pilgrims climb the ice-capped Mount Ausangate to receive the starlight and bring fire to the Earth.

THE INVITATION

The Holy Mountain invites you to go on a sacred pilgrimage to acquire vision and perspective. First you must accept the present situation as an opportunity to discover higher understanding. Find a sacred altar where others who came before you have prayed and found wisdom, and make your offering there. Make a commitment to walk with courage, love, and compassion until you see with clarity the perfection of all.

THE MEDICINE

When the Holy Mountain shows up, it is time to be active. Do not let your doubts deter you and keep you bound. This is a time to leap over challenges and to remember that from the top of the mountain there are no obstacles, only beauty and an unobstructed view of the entire Earth. And there's no need to go shopping for the right hiking boots or camping equipment to climb the holy mountain; you already have all the gear you need. Overcome any lethargy, indolence, and laziness, as these are the real obstacles.

Exercise:

Dance of the Flower of Life Meditation

Note: If clicking on the link above doesn't work, paste this into your browser: https://www.sacreddnakeys.com/sacred-geometry-visual-meditation/

I found this while preparing for this workshop. I am absolutely blown away by the beauty and transcendence of this meditation. It's animated, fractal geometry set to music that is tuned to 432 Hz. Put on your headphones, get comfortable, and flow with this 13-minute glimpse outside of time and space. Thank you Leon van Kraayenburg (sacreddnakeys.com) for creating and offering this out to the world!

